

# April to June 2022

# Professional Development Calendar

Broome, Chenango, & Tioga Counties



FOR MORE INFORMATION CALL

**(607)** 723-8313

EXTENSION 825

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APRIL TO JUNE 2022

PROFESSIONAL DEVELOPMENT CALENDAR

# TABLE OF CONTENTS

Contact Information	3
Professional Development Team	3
Training Policies	4
Payment Information	5
OCFS Training Categories	5
Training Opportunities for All Counties	6 –9

# FAMILY ENRICHMENT NETWORK **OFFICE LOCATIONS**

Johnson City

Binghamton

Norwich

Owego

24 Cherry St

29 Fayette St 21 South Broad St

1277 Taylor Road (in the Abide in the Vine building)

#### \*\* Parking Information \*\*

Johnson City: If you are coming to a training in the evening or the weekend, please use the visitor parking lot on the right side of the building in Johnson City, or park on the street. Please do not park in the fenced-in bus and employee parking lot.

Binghamton: You can park in the lot diagonally across the street, or park on the same side of the street.

Owego: The entrance to the building is on the left side and parking is available in that area. Norwich: You can park on the street in front of the building or in the back parking lot (turn into the ally way next to the movie theater to access the parking lot). Please enter in the front of the building, directly from S Broad St.

APRIL TO JUNE 2022

PAGE 3

PROFESSIONAL DEVELOPMENT CALENDAR

# **CONTACT CCR&R STAFF**

Call	Phone	For information about
Junifer Perney, CCR&R Director	OHNSON CITY OFFICE 723-8313 ext. 872	Comments, concerns and complaints
Leslie Vermaat, CCR&R Specialist	723-8313 ext. 884	Training, online training, mentoring
Kami Paiz, Child Care Specialist	723-8313 ext. 829	Parent referrals, program updates, assistance
Tessa Stacy, Infant Toddler Mental Health Specialist	(607) 201-5678	Infant Toddler caregiver support
Cortney Nornhold, Infant Toddler Specialist	723-8313 ext. 826	Infant Toddler questions, training, and support
Cathy Lipski, Health and Wellness Coordinator	723-8313 ext. 824	CACFP/food program, Health & CPR/First Aid
Crystal Rozelle, CCR&R Assistant	723-8313 ext. 825	CACFP, EIP questions/training registration
Julie Henry, Business Specialist	723-8313 ext. 1616	Business questions/CPR-First Aid
Lisa Rosa, Family Child Care Network Coordinator	723-8313 ext. 1619	Family Child Care Network questions
Gina Ritter, Informal Child Care Specialist	723-8313 ext. 832	Legally Exempt questions
Emily Owen, Informal Child Care Specialist	723-8313 ext. 1621	Legally Exempt questions
Linny owen, informat cinit Care Specialist	725-0515 CAL 1021	Legany Exempt questions
Erica Hazard, Chenango CCR&R Specialist	NORWICH OFFICE 373-3555 ext. 1522	General questions, program updates, training
- ·	OWEGO OFFICE	needs, LE questions,

Ann Shear, CCR&R Coordinator

**OWEGO OFFICE** 687-6721 ext. 1186

CDA classes/training questions

# **PROFESSIONAL DEVELOPMENT STAFF**

Few are ready to meet your training needs with our knowledgeable and highly experienced trainers.

Cortney Nornhold

Infant Toddler Specialist



Ann Shear CCR&R Coordinator



Tessa Stacy Infant Toddler Mental Health



Leslie Vermaat CCR&R Specialist



Cathy Lipski Health and Wellness Coor-



Julie Henry CPR-First



Erica Hazard Chenango CCR&R Specialist

#### APRIL TO JUNE 2022

PROFESSIONAL DEVELOPMENT CALENDAR

# **TRAINING POLICIES AND INFORMATION**

#### \*\* Registration Information \*\*

You must register for trainings <u>two weeks prior</u> to the date. All EIP paperwork, FEN scholarship paperwork, VOICE/CSEA number, and/or payments must be received to be considered registered. You must notify us of any scholarship submission. Your training enrollment is pending until we receive any scholarship award notification/voucher, so you need to apply early! You are not registered for a training at FEN

unless you contact us!

Please make all checks payable to Family Enrichment Network, Inc.

If paying by credit card, you must have an email address. Please call for details.

Call Crystal at 723-8313 ext. 825 or email her at crozelle@familyenrichment.org to register. Training for the Webcasts must be done through

SUNY PDP at:

www.ecetp.pdp.albany.edu/webcasting.aspx

#### \*\* EIP Information \*\*

Scholarship funding to participate in training may be available through the Educational Incentive Program (EIP). For more information or to apply for a scholarship, please visit

www.ecetp.pdp.albany.edu. You may also contact EIP at eip@albany.edu or 800-295-9616 or 518-442-6575.

Trainings are eligible for EIP if conducted by a NYS Credentialed Trainer. This is indicated in the training listing.

\*Apply early, as funding is limited and could run out.

#### \*\* CSEA VOICE Information \*\*

Scholarship funding may be available through CSEA VOICE for family, group family, and legally exempt providers. Visit voicecsea.org to obtain a CSEA ID and for more information.

#### **\*\* Refund Policy \*\***

All trainings, conferences and/or workshops are NON-Refundable, unless cancelled by us.

#### \*\* Cancellations \*\*

We reserve the right to cancel trainings if fewer than 3 people are registered, or in case of inclement weather. If you are registered, you will be contacted in the case of a cancellation. If you are unable to attend a training you are registered for, please cancel your registration by calling 723-8313 ext. 825.

#### \*\* Inclement Weather \*\*

If Family Enrichment Network closes the agency for all programs because of inclement weather, all trainings are also cancelled. To find out if the agency has closed, call the main number and listen to the message at (607) 723-8313, check our Facebook page, or check our website for updates.

#### \*\* Accessibility \*\*

In Johnson City, the front doors do lock after the trainings begin. Please arrive on time. If you need to leave the building after a training begins, take someone with you to let you back inside.

#### \*\* Training Certificates \*\*

Training certificates will be distributed at the training if you registered and paid in advance. If you are not registered for a training, but walk in, a training certificate will be provided upon completion of class AND after payment is received. There will be a \$5.00 charge for duplicate training certificates requested. You must complete the entire training in order to receive training credit. There is no option to take a partial training.

### \*\* Children \*\*

To respect the professional training of others, please do not bring children to the trainings. There is no child care available and you will be asked to leave.

#### \*\* Training Etiquette \*\*

Please be respectful of others by turning your cell phone to vibrate and limiting talking to that which is appropriate to the training.

#### APRIL TO JUNE 2022

PROFESSIONAL DEVELOPMENT CALENDAR

#### PAGE 5

# **IMPORTANT PAYMENT INFORMATION**

**SUNY Professional Development Program Educational Incentive Program (EIP):** EIP is a voluntary scholarship program and may be available to help cover the costs of trainings. Please apply for EIP at www.ecetp.pdp.albany.edu. We do not want EIP applications or a copy of your income taxes. We only need proof of EIP eligibility (for example, approval letter, denial letter). If you are 100% eligible for EIP funding, you do not have to pay a co-pay. If you are 75% eligible for EIP, you will need to pay the remaining balance due. EIP vouchers must be signed and turned in for each training.

**CSEA/VOICE Professional Development Training Program:** Family Enrichment Network is an approved training organization. Family and group family child care providers can obtain their CSEA ID and apply for training scholarships through http://voicecsea.org/.

**FEN Scholarship**: A FEN Scholarship may be available to help you cover the training cost, if eligible. Eligibility for the FEN Scholarship will be reviewed annually. Proof of income will be reviewed, as well as program financial information. Economic hardships will be evaluated on an individual basis; this will determine your co-pay amount. Upon award, you will receive a voucher for each class you are approved for. You must turn in the voucher as payment for each training.

You will not be enrolled in training until payment is made or proof of scholarship is provided.

Classes not eligible for scholarships are listed. To be eligible for EIP, classes must be approved through SUNY PDP and conducted by a credentialed or verified trainer. Classes are submitted for approval by our trainers.

Classes not currently approved for EIP include MAT and the Health and Safety Training (for non-registered/ licensed providers).

All classes should be eligible for the CSEA/VOICE scholarship, as Family Enrichment Network is an approved training organization.

Classes not eligible for the FEN Scholarship include MAT, Health and Safety Training (start-up grants may be available for providers in the process of registration or licensing), Fall Conference, CPR/First Aid, and CDA. The FEN Scholarship is designed for single, evening classes.

### Please call the training registration specialist with questions about how payment works.

# **TRAINING CATEGORIES**

#### Office of Children and Family Services (OCFS) Categories:

- 1 Principles of Childhood Development
- 2 Nutrition & Health Needs of Children
- 3 Child Day Care Program Development
- 4 Safety & Security Procedures
- 5 Business Record Maintenance & Mgmt.
- 6 Child Abuse & Maltreatment Identification/Prevention
- 7 Statutes & Regulations Pertaining to Child Day Care
- 8 Statutes & Regulations Pertaining to Child Abuse
- 9 Education & Prevention of Shaken Baby Syndrome
- 10 Adverse childhood experiences, trauma & resiliency

REMINDER: Opportunities are not listed by county. All the opportunities offered by Family Enrichment Network CCR&R are included together. The location of each training is indicated. Make sure to read all the opportunities to not miss out!

#### <u>APRIL</u> Watch Me! Celebrating Milestones and Sharing Concerns

This workshop increases participants' knowledge around developmental milestones and early identification with activities, resources and materials. This training is part of the CDC's Learn the Signs, Act Early Campaign.

Presenter: Date: Time: Location: Training credit: OCFS Category: Cost: Target Audience: Cortney Nornhold April 7 6 - 8 pm Fayette St., Bing 2 hours 1 & 3 FREE ALL

# Small Talk - "P" is for Pilates

Movement is important for physical and mental health. Pilates exercises can be a way to meet this goal. This class will tech participants the basics of Pilates for adults and children in an active presentation. Pilates strengthens abdominal and back muscles, encourages flexibility and helps develop balance, body awareness and coordination skills. Because Pilates is a mind and body discipline, it can guide children to a stronger body and a more relaxed state of mind. Best of all, it is based on natural movements that are fun for children and adults. Wear comfortable clothing and bring a Yoga mat if you have one.

PROFESSIONAL DEVELOPMENT CALENDAR

\*This class counts for CACFP training.

Presenter: Date: Time: Location: Training credit: OCFS Category: Cost: Target Audience: Cathy Lipski April 19 6 -7:30pm Fayette St., Bing 1 1/2 hours 1 & 2 FREE FCC, GFCC & LE



### **Health and Safety**

This competency based 15-hour training provides a foundation for practices that promote and protect the health and safety of children in home-based child care. Successful completion is required for all new group and family child care providers prior to becoming licensed or registered, as well as existing providers who change location or modality. You must register with both SUNY PDP and FEN for this training.

www.ecetp.pdp.albany.edu/findtraining.aspx

Leslie Vermaat
April 19, 21 & 26
8am–2pm each day
Cherry St., JC
15 hours total
\$250/grants available
FCC, GFCC, LE

**Business: Site and Liability** 

You've worked hard to build a reputable business. Unfortunately it's possible that just one accident or serious injury is all it could take for you to lost it all or cause serious financial loss. We will talk about how insurance and routines can help protect your business and your family.

Presenter: Date: Time: Location: Training credit: OCFS Category: Cost: Target Audience:

Julie Henry April 20 6–7:30pm Broad St, Norwich 1 1/2 hours 2, 4 & 5 EIP &VOICE (\$45) ALL



# Understanding Behavior of Infants and Toddlers

This training will focus on the social-emotional development of infants and toddlers. Participants will have the opportunity to examine "hot buttons" and reframe their thoughts. They will explore strategies to prevent challenging behaviors.

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Presenter:	Cortney Nornhold
Date:	April 27
Time:	6 - 8 pm
Location:	Fayette St., Bing
Training credit:	2 hours
OCFS Category:	1 & 3
Cost:	FREE
Target Audience:	ALL

## MAY

#### Virtual Director Health and Safety

Directors are responsible for hiring, training & maintaining staff who provide a healthy and safe environment for children. This course will help directors look at policies and procedures that reinforce high-quality health and safety practices. Directors will receive in-depth information on the CCDBG training requirements and will be encouraged to examine their policies in order to make positive changes that promote best practice care.

You must register with both SUNY PDP and FEN for

this training. <u>www.ecetp.pdp.al</u>	bany.edu/findtraining.aspx
Presenter:	Leslie Vermaat
Dates:	May 3, 4, 6, 10 & 11
Time:	8:30-11:30am each day
Location:	Virtual
Training credit:	15 hours total
Cost:	\$250 (grants available
	for Broome directors)
Target Audience:	CCC, SACC &LE group

# What Infants and Toddlers Need

This training will look at ways to be a responsive caregiver. We'll discuss ways infants and toddlers are active learners. They need to have freedom to move around the childcare space. We will look at and discuss developmentally appropriate activities for infants and toddlers that will promote such skills as their socialemotional, physical, cognitive & socio-linguistic needs.

emotional, physical, eog	
Presenter:	Cortney Nornhold
Date:	May 10
Time:	6 - 8 pm
Location:	Taylor Road, Owego
Training credit:	2 hours
OCFS Category:	1 & 3
Cost:	FREE
Target Audience:	ALL

### Provider Talk: Sit and Chat

We will have an open discussion about what's on your mind. How is everything going with your site and parents? We will review the newest regulations and guidance issued from OCFS. We ask that you send any questions in ahead of time so we can prepare. Presenter: Julie Henry/Erica Hazard Date: May 12

Time:	6–7:30pm
Location:	Broad St, Norwich
Training credit:	1 1/2 hours
OCFS Category:	3 & 7
Cost:	FREE
Target Audience:	ALL

### Foundations in Healthy Sexual Development: Infants and Toddlers

This training focuses on supporting the development of healthy relationships and secure attachments—the prerequisites for healthy sexual development. As this training is designed for infant and toddler providers, the majority of the training targets the actions of caregivers and the interactions with infants and toddlers—how those actions and interactions affect healthy relationship development.

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Presenter:	Cortney Nornhold
Date:	May 14
Time:	9am-noon
Location:	Fayette St., Bing
Training credit:	3 hours
OCFS Category:	1&6
Cost:	FREE
Target Audience:	ALL

### Small Talk - When Good Food Goes Bad

It happens when you least expect it and it is horrifying—good food that has gone bad! This program will approach safe handling of food in a fun and humorous manner. Topics that will be covered include how to understand product expiration dates, deciding if food is still edible and how to store and freeze food to keep it healthy, safe, and full of flavor. \*This class counts for CACFP training.

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Presenter:	Cathy Lipski
Date:	May 17
Time:	6 -7:30pm
Location:	Fayette St., Bing
Training credit:	1 1/2 hours
OCFS Category:	2
Cost:	FREE
Target Audience:	FCC, GFCC & LE

#### **CPR/First Aid Recertification**

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter:	Cathy Lipski
Date:	May 18
Time:	5:30 -9:30pm(until over)
Location:	Fayette St., Binghamton
Cost:	\$80/EIP &VOICE
Target Audience:	ALL

#### Self-Care: It's Not Selfish

This training focuses on YOU. We know that in order to provide a healthy and safe environment for children, YOU need to have the emotional health and strength to do it. Come and explore what self-care is and is not. Give yourself the time and opportunity to focus on you as you receive support and encouragement from others. You don't just deserve it, it's a necessity!

Presenter: Date: Time: Location: Training credit: Cost: Target Audience: Leslie Vermaat May 19 6:30-8:30pm Cherry St., JC 2 hours EIP & VOICE (\$70) ALL

### <u>JUNE</u>

### Infant Toddler Playing with Loose Parts

This workshop will define "what are loose parts". Participants will have the opportunity to see how loose parts promote learning and development. We will explore how children benefit from play environments with loose parts.

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Presenter:	Cortney Nornhold
Date:	June 2
Time:	6 - 8 pm
Location:	Fayette St., Bing
Training credit:	2 hours
OCFS Category:	3
Cost:	FREE
Target Audience:	ALL

#### **Developmentally Appropriate Practice** (DAP) for Infants and Toddlers

This training will assist providers in meeting the developmental needs of each child by implementing purposeful and relationship-based curriculum. Learn about what factors to consider when determining what activities, lessons, and materials are appropriate for the children in your care.

the children in your care.	
Presenter:	Cortney Nornhold
Date:	June 8
Time:	6 - 8 pm
Location:	Fayette St., Bing
Training credit:	2 hours
OCFS Category:	1&3
Cost:	FREE
Target Audience:	ALL

### **Exploration and Experimentation: Science Activities for Preschool Children**

Science is not something mysterious. Being "scientific" involves being curious, observing, asking how things happen, and learning how to find the answers. However, most adults say they do not or cannot help children with science. But all we need is a willingness to observe and learn with them and to nurture curiosity. In this workshop, we'll explore the "whys" and "how's" of doing science activities with children, with a focus on the preschool years.

Presenter:	Leslie Vermaat
Date:	June 9
Time:	6:30-8:30pm
Location:	Cherry St., JC
Training credit:	2 hours
Cost:	EIP & VOICE (\$70)
Target Audience:	ALL

# Provider Talk: Summer Bucket List

School is out! Need ideas and fun things to do this summer? We have oh so many fun summer activities for children: fun play ideas for the summer, things to do and boredom busters to keep you cool.

Presenter:	Julie Henry/Erica Hazard
Date:	June 16
Time:	6 –7:30pm
Location:	Broad St, Norwich
Training credit:	1 1/2 hours
OCFS Category:	3, 4 & 7
Cost:	FREE
Target Audience:	ALL

# Watch Me! Celebrating Milestones and Sharing Concerns

This workshop increases participants' knowledge around developmental milestones and early identification with activities, resources and materials. This training is part of the CDC's Learn the Signs, Act Early Campaign.

Presenter:	Cortney Nornhold
Date:	June 16
Time:	6 - 8 pm
Location:	Cherry St., JC
Training credit:	2 hours
OCFS Category:	1 & 3
Cost:	FREE
Target Audience:	ALL

# Everything You Wanted to Know About CACFP but Forgot to Ask (CACFP 101)

This program will offer family/group family child care providers an opportunity to better understand recordkeeping skills, regulatory requirements, claim submissions and nutrition basics as they apply to the CACFP. You will have the opportunity to ask questions as you refresh your knowledge of CACFP so your meal service can run smoothly with reduced record-keeping errors so you can receive the maximum reimbursement for serving nutritious meals and snacks to the children in your care.

\*This class counts for CACFP training.

Presenter:
Date:
Time:
Location:
Training credit:
OCFS Category:
Cost:
Target Audience:
-

Cathy Lipski June 21 TBD TBD 1 1/2 hours 2 & 5 FREE FCC, GFCC

# Inclusions of Infants and Toddlers with Disabilities

This interactive session will increase childcare providers' knowledge of the inclusion of children with differing abilities. Participants will have opportunities for small and large group discussions to highlight successes, challenges, strategies and resources for overcoming challenges to inclusion. The importance of collaboration and coordination between Early Intervention and child care for comprehensive services will be emphasized. Resources to support inclusion of children with disabilities in early childhood education will be shared to strengthen inclusive practices and support systems for children and families.

Presenter:	Cortney Nornhold
riesenter.	Cortney Nornhold
Date:	June 28
Time:	6 - 8 pm
Location:	Taylor Road, Owego
Training credit:	2 hours
OCFS Category:	1 & 3
Cost:	FREE
Target Audience:	ALL



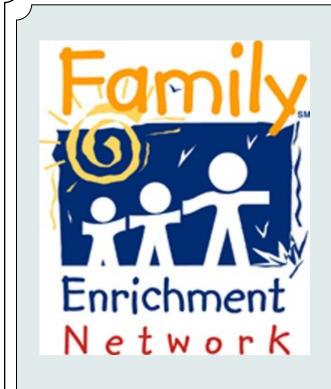
### **CPR/First Aid Recertification**

This is an instructor led, in-person, classroom based approach to training where the core knowledge content is provided by using scenario-based discussions, demonstrations of skills and the opportunity for instructor-facilitated student practice. CPR/AED and First Aid skills will be taught and practice as they related to Adult, Children, & Infants. Participants will be able to perform effective CPR, use an AED, and be trained in basic first aid techniques.

Presenter: Date: Time: Location: Cost: Target Audience: Čathy Lipski June 22 5:30 -9:30pm(until over) Fayette St., Binghamton \$80/EIP &VOICE ALL



Family Enrichment Network 24 Cherry Street Johnson City, NY 13790-0997



The mission of Family Enrichment Network is to provide supportive services for the optimal development of children and families. This mission includes a strong commitment to partnering with families and community agencies to develop and provide programs to achieve the best results for children and families. We believe in coordinating children and family comprehensive services using and а collaborative approach to improve their quality of life while ensuring the greatest value for our child, adult, investment in and parent development.

To learn more about our mission, and share in our vision that all children and families have the opportunity to grow and develop to their full potential, please visit our website at www.familyenrichment.org.